



## Medicare Minute Frequently Asked Questions (FAQ's)

#### What is Medicare Minute?

*Medicare Minute* is a series of *free* educational programs created by the *Medicare Rights Center* and presented in communities around the country. The program is designed to help Medicare beneficiaries, their caregivers, and the professionals serving them to better understand and more effectively utilize Medicare coverage.

Medicare can be hard to understand. *Medicare Minute* centers on equipping beneficiaries with the knowledge to more effectively advocate for themselves to obtain the healthcare services they need as well as address any coverage and cost issues that may arise.

#### What is the Medicare Rights Center?

The *Medicare Rights Center*, a national non-profit consumer service organization, is the creator and sponsor of the *Medicare Minute* Program. It is the largest and most reliable independent source of Medicare information and assistance in the United States. The *Medicare Rights Center* works to ensure access to affordable healthcare for older adults and people with disabilities through counseling and advocacy, educational programs, and public policy initiatives.

#### What can you tell me about the Medicare Minute presentations?

*Medicare Minut*e presentations typically consist of short, engaging dialogues on timely Medicare topics. They can be scheduled on a stand-alone basis or as part of your regularly scheduled meetings, events, or existing programs. Templates for flyers, mailers, etc., announcing the events can be provided.

Following the *Medicare Minute* talks, attendees have the opportunity to ask questions, discuss the content and share their own experiences with Medicare and healthcare generally.

Recent Medicare topics have included:

- Medigaps
- Medicare Enrollment Periods
- Appealing Denials of Coverage
- Medicare's Coverage of Preventive Care
- Coordinating Medicare with Other Types of Insurance
- How to Read Explanations-of-Benefits (EOB's) and Medicare Summary Notices (MSN's)
- Programs That Help Pay for Medicare Costs







### Medicare Minute FAQ's (cont)

#### Who facilitates the Medicare Minute presentations in my area?

Professionals with experience in how health benefits work most often serve as facilitators for the *Medicare Minute* educational programs. Tom Barrett serves as BBG's volunteer facilitator for the *Medicare Minute*.

A veteran of the healthcare and insurance world Tom currently works for BBG, Inc. and helps lead the bbg65Plus practice. BBG is a family company founded by Tom's brother Mike in 2001. The organization serves as a third-party administrator, independent health insurance broker, and consultant.

Tom graduated from the University of Notre Dame with a B.A. in American Studies and from the Miami University School of Business where he received his MBA. He currently resides in Brandon, Florida with his wife Jil. They are the parents of three grown children and recently welcomed the arrival of their first grandchild.

In addition to serving as a member of the BBG team, Tom enjoys studying and evolving in his faith, spending time with his family, biking, working out at the Y, following all things college football, and supporting the US Men's and Women's National Soccer teams.

# Where can I go for more information and how can I schedule *Medicare Minute* presentations for my organization?

To learn more about the *Medicare Minute* educational programs and to schedule *Medicare Minute* presentations for your organization, contact:

Tom Barrett, *Medicare Minute* Facilitator (phone) 813.805.8731, (email) tbarrett@bbginc.net.

